



## **Medical/Health services:**

**Medicaid** A needs-based health insurance program to help pay for the medical expenses and disability-related services and supports for individuals and families with limited income.

To find out more and to apply online <http://member.indianamedicaid.com/>

**Medicare** A federal health insurance program for people 65 and older, and for eligible people who are under 65 and disabled. <http://www.in.gov/idoi/2497.htm>

Some people can qualify for both Medicaid and Medicare

**Healthy Indiana Plan** - A health-insurance program for qualified adults. The plan is offered by the State of Indiana, and is also known as "HIP 2.0." It pays for medical costs for members and could even provide vision and dental coverage. It also rewards members for taking better care of their health. The plan covers Hoosiers ages 19 to 64 who meet specific income levels.

<http://www.in.gov/fssa/hip/>

**WIC** (Women, Infants and Children) is a nutrition program

To find out more about their services and how to apply <http://www.in.gov/isdh/19691.htm>

**Healthy Families-** TRI-CAP Healthy Families is a home visitation program designed to promote healthy families and healthy children through a variety of services. We believe that services should begin early to support the changing needs of the family. These services are provided at no cost to families, and are always voluntary. Families must enroll prenatally or before the infant is 90 days old. Services are provided to families at or below 250% of the [Federal Poverty Level](#).

<http://www.tri-cap.net/programs/education-volunteer-services/healthy-families-services/>

**Childcare voucher program** -The Child Care and Development Fund (CCDF) is a federal program that helps low-income families obtain child care so they can work, attend training, or continue their education. The purpose of CCDF is to increase the availability, affordability, and quality of child care.

To learn more and to find the intake coordinator in your area <http://www.in.gov/fssa/carefinder/3900.htm>

**Family Voices** -A family-led organization that provides information, education, training, outreach, and peer support to families of children and youth with special health care needs and the professionals who serve them. <http://www.fvindiana.org/>

**ASK** (About Special Kids) is Indiana's Parent to Parent organization that works throughout the state to give support, answer questions and provide information and resources to families of children with special needs. [www.aboutspecialkids.org](http://www.aboutspecialkids.org)